



GCSE PE Coursework marking training – Module 3: Understanding the marks given for each exemplar - Component 3 – the Practical Performance

Exemplar 2 – Activity: Swimming

Assessment of the application of skills, techniques and decision making in a competitive/formal situation

1 candidate performing

Commentary

The swimming criteria states that:

‘(Candidates will perform) **one** of the following strokes: front crawl, back crawl, breaststroke or butterfly’

Application of Skills

The candidate is observed performing a competitive race over 50m with a competitor who is of similar ability.

The candidate was able to maintain her pace over the distance which allowed her to succeed against a competent level of performer.

The candidate displayed an appropriate level of fitness for her event although it was evident that there was a lack of intensity, speed, drive and power throughout and towards the end of the race, which prevented the candidate from obtaining marks in any of the higher-level mark bands.

Throughout the race the candidate was able to demonstrate a competent level of performance of skills, with some precision, control and fluency. She was able to demonstrate a good level of coordination of the arms and legs; her body position and breathing were coordinated, although the style and efficiency of the action was lacking, with the arm pulls and leg action being less than mechanically sound.

The level of technical efficiency and the use of basic strategies enable the candidate to maintain a competent technique through most of the swim. It is apparent that the candidate is aware of where her competitor is in the lane.

Although an appropriate racing start is demonstrated, it lacks speed and efficiency. A legal turn is also shown, although the candidate does not optimise the distance travelled under water from the push off at the wall, with the leg kick being too quick and shallow rather than powerful.

The middle marks of the level are used for performances that have a reasonable match to the descriptor. This might represent a balance between some characteristics of the level that are fully met and others that are only barely met.

Agreed Mark: Level 3 – 13 marks